

The Heart of the Matter

An Educational Talk on Heart Disease in Women



Sarver Heart Center

Think women don't have heart attacks?

Think Again!

Heart disease kills more women than men, and the incidence is rising.

Heart Disease Symptoms in Women

- Pain in upper back, jaw or neck
- Shortness of breath
- Flu-like symptoms: nausea or vomiting, cold sweats
- Fatigue or weakness
- Feelings of anxiety, loss of appetite, discomfort

Heart Attack Warning Signs

- Pressure, burning, squeezing in the center of the chest
- Discomfort in one or both arms, shoulders, neck, jaw, stomach or back
- Shortness of breath
- Fatigue, cold sweat, nausea, weakness

Join us to Learn More!

Saturday, Feb. 26, 2011

Registration: 9:30 a.m.

Program: 10 a.m. to 11 a.m.

Corpus Christi Social Hall

300 N. Tanque Verde Loop, Tucson

*Hosted by Corpus Christi Catholic Church
and Desert Skies United Methodist Church*

Open to the Public

RSVP to:

Corpus Christi Catholic Church, 751-4235

or Desert Skies United Methodist Church, 749-0521

For more information, please call:

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